

**Ground Floor Seminar Rooms, G306a & G306b, Jean McFarlane Building,
University Place, Oxford Rd, Manchester.
18-19 January 2013**

FRIDAY, 18 JANUARY

Lunch and registration from 12.00 midday

12.45 Welcome – Maria Horne

Session 1 Chair: Maria Horne

13.00 **Chinese Elders' views on exercise – a grounded theory study**

Zhenmi Liu, University of Manchester.

13.30 **Aerobic interval training in older patients recently discharged from hospital**

Therese Brovold, Oslo and Akershus University College of Applied Sciences.

14.00 **The Trondheim Hip Fracture Trial: The effect of treating hip fracture patients in a geriatric unit compared to an orthopedic unit on mobility, ADL and gait 4 and 12 months after the fracture.**

Anders Prestmo and Pernille Thingstad, NTNU

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14:30 **Predictors of attendance to and participations in group exercise in long term care facilities**

Susanne Finnegan, University of Warwick.

15.00 **Refreshments and Posters**

Session 2 Chair: Emma Stanmore

15.30 **Design of a theory-based rehabilitation program using exergames to improve walking of stroke survivors**

Seline Wüest, ETH Zürich

16.00 **Developing a feasibility study to explore acceptability, uptake, adherence and benefits of an OTAGO exercise programme for people with mild or moderate dementia and their carers**

Leisha O'Brein, University of Cambridge.

16.30 **Is physical capacity, dependency in ADL or specific ADL tasks associated with depressive symptoms?
Is a change in physical capacity**

Gustaf Boström, Umeå University.

16.45 **Dependence in ADL associated with a change in mental health among older people living in residential care facilities?**

Mia Conradsson, Umeå University.

17.00 **FARSEEING**

Lorenzo Chiari, University of Bologna

17.30 **ProFouND**

Chris Todd, University of Manchester

18.30 **Close**

19.30 Dinner at the Christie Bistro – building number 58 on campus map.

SATURDAY, 19 JANUARY

Refreshments from 8.30am

Session 3 Chair: Maria Horne

- 09.00 **Lower gait speed is associated with greater mortality in people 85 year**
Annika Toots, Umeå University.
- 09.30 **The effects of ankle supports on walking gait**
David Keene, University of Oxford.
- 10.00 **Promoting physical activity amongst older people – what if we asked them what they want?**
Lis Boulton, University of Manchester.
- 10.30 *Refreshments and Posters*

Session 4 Chair: Adrine Woodham

- 11.00 **Change over time in function and health in the oldest old women**
Gro Idland, Oslo and Akershus University College of Applied Sciences (HIOA).
- 11.30 **Fall Characteristics in People with ID- 1st year of the PreFALLID - study**
Johannes Salb, University of Erlangen
- 12.00 **Developing a sensormat to reduce falls involving people with dementia, families and staff**
Christine Brown-Wilson, University of Manchester
- 12.30 Lunch and Posters

Session 5 Chair: Lis Boulton

- 13.30 **Disability in Instrumental Activities of daily living in elderly patients with Mild Cognitive Impairment and Alzheimer's disease**
Karin Hesseberg, Oslo and Akershus University College
- 14.00 **Study protocol for the Prevention of Falls Injury Trial (PreFit)**
Julie Bruce, University of Warwick
- 14.30 **Smart-Shoe Design for Physical Activity Monitoring: Preliminary Study of Optimal Sensor Configuration**
Christopher Moufawad el Achkar, EPFL
- 15.00 *Refreshments and Posters*

Session 6 Chair: Alex Hall

- 15.30 **Are fatigue questionnaires really measuring fatigue (and what is fatigue anyway)?**
Thorlene Egerton, NTNU
- 16.00 **Systematic Review – Prevalence of Sedentary Behaviours in Older Adults**
Juliet Harvey, Glasgow Caladonian University.
- 16:30 **Exploring visually impaired elders' views about occupational therapy falls prevention interventions: How findings informed the VIP2UK trial**
Claire Ballinger, University of Southampton
- 17.00 **Closing and advertisement of the next meeting**